

Get Connected... Stay Connected

Here's a guide to help you saturate in this week's Scripture.

THRIVE BY RESTING

Episode #31: September 19, 2022

Key Scripture – Jesus speaking in Matthew 11:28-30 (The Passion Translation)

Are you weary, carrying a heavy burden? Come to me. I will refresh your life, for I am your oasis. Simply join your life with mine. Learn my ways and you'll discover that I'm gentle, humble, easy to please. You will find refreshment and rest in me. For all that I require of you will be pleasant and easy to bear.

DISCOVER IT - Our one key idea for this week:

Choose one kind of rest we need and find a way to get that rest.

TRY IT – Experiment with what you heard on the podcast; put it into practice and begin to see the positive effect it can have. Don't rush – SATURATE!

In what ways did you try it out?

IT'S YOURS! Did you make a meaningful connection with God?

Journal observations from your experience...