

Get Connected... Stay Connected

Here's a guide to help you saturate in this week's Scripture.

FIRST THINGS FIRST - THRIVE!

Episode #28: August 22, 2022

MATTHEW 6:25-34 (NIV) - ²⁵“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷Can any one of you by worrying add a single hour to your life?

²⁸“And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you - you of little faith? ³¹So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³²For the pagans run after all these things, and your heavenly Father knows that you need them.

³³But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

DISCOVER IT - Our one key idea for this week:

Is there anything I worry about that is distracting me from my relationship with God?

TRY IT – THE MESSAGE - verse 34- “Give your entire attention to what God is doing right now, and don’t get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.”

How could you put this into practice this week to help you **THRIVE** in your relationship with God? Experiment with what you heard; put it into practice and begin to see the positive effect it can have. Don’t rush – **SATURATE!**

In what ways did you try it out?

IT’S YOURS! Did you make a meaningful connection with God?

Journal observations from your experience...