

# Gratitude Journal

God loves Me!

He has my best interests in mind.

I am not alone in this world.

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Owner

Compliments of

"The She Rev"™

Shirley Goodman

# Morning Gratitude

Date: \_\_\_\_\_

Today I want to feel...

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Today I will spread kindness by...

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3 things I'm grateful for today are...

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"Happiness is a habit."

# Evening Gratitude

3 things I'm grateful for today are...

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The best part of today was...

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What can I learn from today's experiences?

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Tomorrow I'm looking forward to...

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"Do more of what you love."

Not  
The End...

