

Get Connected... Stay Connected

Here's a guide to help you saturate in this week's Scripture.

DON'T MISS THE JOY!

Episode #36: October 24, 2022

Key Scripture – Philippians 4:4-9 (The Living Bible Translation)

⁴ Always be full of joy in the Lord; I say it again, rejoice! ⁵ Let everyone see that you are unselfish and considerate in all you do. Remember that the Lord is coming soon. ⁶ Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. ⁷ If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus.

⁸ And now, brothers, as I close this letter, let me say this one more thing: Fix your thoughts on what is true and good and right. Think about things that are pure and lovely, and dwell on the fine, good things in others. Think about all you can praise God for and be glad about. ⁹ Keep putting into practice all you learned from me and saw me doing, and the God of peace will be with you.

DISCOVER IT - Our one key idea for this week:

To overcome any foreboding joy by practicing gratitude.

TRY IT – Are you aware of any “foreboding joy” moments in your life? Did practicing gratitude help you refocus? How did it make you feel?

IT'S YOURS! What did you discover about the effects of foreboding joy in your relationship with God? How did you make a meaningful connection with God?

Journal observations from your experience...